A-Z Resource Directory for AB 12 Non-Minor Dependents

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| **NAME** | **CONTACT** | **NOTES** |
| **A** |  | **A** |
| Above the Line | Santa Cruz  831-662-9081 | Housing and services for at-risk teen girls ages 13-17 offers medical and dental care, employability and job training education, transportation, legal assistance, art, drama, sports, programs and opportunities for social reintegration. Counseling. |
| Adelante (WATS) | (831) 724-2997 |  |
| Adolescent Family Life Program | 1060 Emeline Ave. Bldg F, Santa Cruz, CA 95060  (831) 454-4339 | Public Health Nurse support, education referrals and case management for pregnant and parenting teens age 18 and under. Free. Bilingual. |
| Adult Services- Santa Cruz County | (831) 454-4101 | Investigates all reports of suspected abuse or neglect to seniors or disabled adults |
| Advocacy Inc. | (831) 429-1913 | Long term care ombudsman program and patient rights advocate program for mental health consumers |
| Al-Anon & Ala-teen | Santa Cruz  831-462-1818 | Al-Anon is a support group for friends and relatives of alcoholics. Ala-teen is a support group for teenagers affected by someone’s alcohol/drug use. On-call members for people who need someone to talk to right away. |
| Alcoholics Anonymous | 24 Hours  831-475-5782 | Provides a 12-Step program and support group for individuals with alcohol issues. Only requirement is desire to stop drinking. Bilingual groups, Toll-free 24 hrs |
| ALTO Counseling Center | <http://www.encompasscs.org/community-recovery-services/alto>  E-mail: [crs@encompasscs.org](mailto:crs@encompasscs.org)  716 Ocean Street Santa Cruz, CA 95060  Phone: (831) 423-2003  585 Auto Center Drive Watsonville, CA 95076  Phone (831) 728-2233 | The ALTO program offers outpatient services, drinking driver programs, drug court and more. We offer flexible hours and a sliding scale fee. All services are confidential.  Drug/Alcohol Counseling  DUI/Drinking Driver Programs  Deferred Judgment Program/PC 1000  Domestic Violence Program |
| American Red cross | Santa Cruz County Chapter  2960 Soquel Ave, Santa Cruz, CA 95062  (831) 462-2881 | Volunteer, CPR/First Aid, Community Preparedness Training, Aquatics, Certified Nurse Assistant Training |
| Arboretum at UCSC | (831) 427-2998  <https://arboretum.ucsc.edu/> | Volunteer |
| Ashford University | <https://www.ashford.edu/> 1.866.711.1700 | Associates, Bachelors, Masters- Online Education |
| **B** |  | **B** |
| Bauman College-Holistic Nutrition and Culinary Arts | <https://www.baumancollege.org/> | Nutrition Consultant- 18 months Distance Learning Cert.  Natural Chef-Onsite-Berkeley |
| **C** |  | **C** |
| Cabrillo College Admissions and Records | Admissions/Records: <http://www.cabrillo.edu/services/ar/>  APTOS: Welcome Center SAC East Building,  6500 Soquel Drive, Aptos CA 95003;  (831) 479-6100;  Watsonville: 318 Union Street, Watsonville CA 95076; (831) 786-4701 |  |
| California Youth Crisis Line  Statewide | 1-800-843-5200  [www.youthcrisisline.org](http://www.youthcrisisline.org) | Crisis line for youth and parents. Support and referrals. System to connect runaway youth to their parents by phone. Relay system to carry messages between youth and parents. Internet chat also available. Free. Bilingual. |
| Capitola Police | Non-Emergency  831-471-1141  Main Line  831-475-4242  Anonymous Tip Line  831-475-2791 | Non emergency dispatch line for welfare checks, civil stand-bys, and information  422 Capitola Ave. Capitola |
| Child Development Resource Center | Santa Cruz  831-466-5820  Watsonville  831-724-2997 ext 210 | Referrals for childcare. Training for parents and providers. Free. Mon-Fri 8am- 5pm Bilingual. |
| Child Protective Services | Santa Cruz  831-454-4222  To report:  807-505-3299  831-454-2273 | Takes reports and investigates cases of suspected abuse and neglect. Crisis counseling and referrals. Free. Main phone available 24 hrs. Bilingual |
| Co-dependents Anonymous | Santa Cruz  831-469-6096  Toll Free English  888-444-2359  Toll Free Spanish  1-888-444-2379 | Provides a 12 Step program and support group. Self-help group for individuals who are co-rdependent. |
| Commission for the Prevention of Violence Against Women | Santa Cruz  831-420-5363 | Free information and referral for battered women, teen violence prevention programs. Self-defense classes for girls, teens, women and seniors are offered at a nominal charge, no one turned away for lack of funds. |
| Community Support Services | Santa Cruz  831 459-0444 | Rehabilitation services, counseling and education classes for people with serious mental illness and chemical dependency Free 290 Pioneer ST. Santa Cruz. |
| Conflict Resolution Center of Santa Cruz County | Santa Cruz  831-475-6117 | Mediation services- free confidential flexible pay scale, group facilitation, training and workshops |
| Cottage  (The Cottage) | Phone: (831) 420-6190  Address: 305 Evergreen Street, Santa Cruz, California 95060 | Alternative Education School  Time: 11 am – 4 pm  Ages: 14 through 18   afternoon program designed for students who benefit from a small classroom setting with individual attention |
| Counseling Services- Family Services Agency of the Central Coast- Santa Cruz | Santa Cruz  831-423-9444  Watsonville  831-728-9970 | General family and group counseling for individuals, couples and families. Sliding fee scale. Medi-Cal accepted. Counseling for LGBTQ youth, adults, families, Counseling for children. |
| County Mental Health | Santa Cruz  1-800-952-2335 24 hr | Access team is available 24 hrs a day for Santa Cruz County residents to assess for hospitalization in a psychiatric crisis. Based upon the results of an assessment the team’s care manager will link to independent agencies. |
| CPR/First Aid | www.a-b-cpr.com | Online $15 |
| Cradle Project (Watsonville) | (831) 722-1777 |  |
| Cypress Health institute | <http://cypresshealthinstitute.com/>  1119 Pacific Ave, Suite 300 Santa Cruz, CA 95060 | Classes/Cert. in Massage/Healing |
| **D** |  | **D** |
| Davenport Resource Center | (831) 425-8115 | Food/shelter resource |
| Davenport Resource Service Center | Davenport  831-425-8115 | Info and services to rural north coast community |
| DEFIB THIS  TNCC  Emergency Response Training, Inc. | <http://www.defibthis.com/>  831.426.9111  1543 Pacific Ave Santa Cruz CA 95060 | Training/Courses:  EMT, Acute Care/RN Prep, ACLS, PALS, BLS, NRP, PEARS, First Aid & CPR |
| DeWitt Anderson School | <http://www.santacruzcoe.org/alt_ed/schools/dewitt_anderson.html>  Phone: (831) 786-3890 Fax: (831) 786-3904  Address: 2716 Freedom Blvd., Corralitos CA | Alternative Education School  Ages: 12 to 18 year old female students |
| Digital Nest | (831) 331-7419 Jacob Martinez  jacob@digitalnest.org | Technology access, education, skill training, etc. |
| Diversity Center | Santa Cruz  831-425-5422 | Support and activity groups, housing and job information. Lending library, cyber center and drop-in service for youth and adults who are questioning their sexuality. Hours vary |
| Dominican Hospital | General  831-462-7700  1555 Soquel Dr. Santa Cruz | General Hospital services including emergency, medical and psychiatric services |
| Dominican Hospital Education Services | (831) 462-7709 |  |
| Dominican Hospital Sexual Assault Services | 24 Hour SART  831-462-7744  General  831-462-7700 | Emergancy medical and psychiatric services. Raped ad battered women given priority treatment. Sexual Assualt Response Team (SART) services available. |
| **E** |  | **E** |
| EBT Cards | <https://www.ebt.ca.gov/caebtclient/reciplogin_client.jsp>  1020 Emeline Ave. Santa Cruz, CA 95060  18 West Beach Street, Watsonville, CA 95076  1 (888) 421-8080  CalFresh Apply Online: <https://www.getcalfresh.org/?source=santacruzweb>  (en Espanol)  <https://www.getcalfresh.org/?new_locale=es> | Hours: Monday - Friday 8:00 a.m.- 5:00 p.m.  (Santa Cruz and Watsonville) |
| EED Center: Capitola | 2045 40th Ave Suite B  Capitola, Ca 95010  (831) 464-6286 |  |
| Encompass Community Services | <http://www.encompasscs.org/>  Youth Services  Santa Cruz: (831) 429-8350  Watsonville: (831) 688-8856  Transition Age Youth: (831) 459-0444  Children and Families: (831) 724-3885  Adult Substance Abuse  (831) 423-2003 (Santa Cruz)  (831) 728-2233 (Watsonville)  Mental Health Services: (831) 459-0444  HIV/AIDS: (831) 427-3900 | Child & Family Development Programs  Community Recovery Services  Community Support Services  Youth Services |
| Encompass Community Services Youth Services | Youth Services  Santa Cruz: 709 Mission Street Santa Cruz, CA 95060  Phone: (831) 429-8350  Watsonville: 241 East Lake Avenue  Watsonville, CA 95076  Phone: (831) 688-8856  E-mail: youthservices@encompasscs.org  Transition Age Youth: (831) 459-0444  Children and Families: (831) 724-3885 | Counseling (3-20 yrs),  Substance Abuse Counseling & Education, Foster Youth, School-Based Counseling, LGBTQQIAAP Youth Support (12-21 yrs) |
| Equal Rights Advocate | English  415-621-0672  Spanish  415-575-2399 | Statewidem advocates for women’s equality, free legal advice and counseling information and referral line. Sexual discrimination sexual harassment employment disability or student issues. |
| Escuela Quetzal | <http://www.santacruzcoe.org/alt_ed/schools/quetzal.html>  Phone: (831) 786-0558  Fax: (831) 728-3629  Address: 241 East Lake Ave., Watsonville, CA 95076  Grade: 9 through 12 | School-Based Counseling Program |
| **F** |  | **F** |
| Familia Center | (831) 423-5747 |  |
| Families in Transition SC County | Santa Cruz  831-728-9791  Soquel  831-458-7124  Watsonville  831-728-9791  www.fitsantacruz.org | By appointment only. Families must be referred by another agency. Provide long term case management services to homeless/near homeless families. Families must go through an assessment to see if they are eligible for services. Waiting list for referred families. |
| Family Health Education Center | Santa Cruz: (831) 457-0334  Watsonville: (831) 763-3106 |  |
| Family Planning Associates Women’s Health | Toll Free  1-877-883-7264  Oakland  1-510-899-7099 | Formally Choice Medical Group, Provides birth control, abortions, and medical exams. Ask about financial assistance plan when making an appointment |
| Family Services Agency of the Central Coast- Santa Cruz | Santa Cruz  831-423-9444  Watsonville  831-728-9970 | General family and group counseling for individuals, couples and families. Sliding fee scale. Medi-Cal accepted. Counseling for LGBTQ youth, adults, families, Counseling for children. |
| Federal Student Aid | [www.fafsa.ed.gov](http://www.fafsa.ed.gov) 800.433.3243  [www.studentaid.ed.gov](http://www.studentaid.ed.gov)  [www.students.gov](http://www.students.gov) |  |
| Field Public Health Nursing Programs | (831) 454-4040 |  |
| First Five of Santa Cruz |  |  |
| Five Branches University | [www.fivebranches.edu](http://www.fivebranches.edu)  200 7th Ave. Santa Cruz, CA 95062  (831) 476-9424 | Multiple programs in Traditional Chinese Medicine and Integrative Medicine Education |
| Food Stamps | Santa Cruz  831-454-4165  Watsonville  831-763-8500 | Food stamps- number listed is for Human resources- apply in person at Emeline SC office/E. Beach St. Watsonville office or online CALFRESH=Food Stamps |
| Freedom Community School | <http://www.santacruzcoe.org/alt_ed/schools/freedom_community_school.html>  Phone: (831) 786-8971 Fax: (831) 786-9793  Address:1430 Freedom Blvd., Watsonville, CA 95076 | Alternative Education School, Single Classroom |
| Friends Outside | Santa Cruz  831-427-5070  Watsonville  831-722-6708  Both numbers provide transfers to Friends Outside | Improves the quality of life of families children and communities impacted by incarceration and to assist with successful community reentry and family reunification for those transitioning from confinement to freedom. |
| **G** |  | **G** |
| Garfield Park Branch Library | 705 Woodrow Ave  (831) 427-7709  http://www.santacruzpl.org/ |  |
| GED Testing Service | https://ged.com/ | Online, free study materials, practice tests, score reports, study plans, and more. Follow link and create an account to begin. |
| GLBT National Help Center | 1-888-THE-GLNH  1-800-246-PRIDE (youth hotline under 23) M-F 1pm-9pm | Provides telephone and email peer-counseling as well as information and resources for cities across America. Online chat as well. |
| **H** |  | **H** |
| Health Projects Center- SC County | Santa Cruz  831-459-6639  Monterey County  831-424-4359 | Services focus on supporting family caregivers through resources and education. Includes respite care, family consultation, legal consultation, counseling, support groups, etc. Sliding scale. |
| Healthy Understanding of Grief (HUG) Program | Santa Cruz  831-430-3000  www.hospicesantacruz.org | Offers individual and group support to children and youth 5-18 who have experienced the loss of a relative or friend through illness or sudden death |
| Homeless Garden Project | |  | | --- | | <http://www.homelessgardenproject.org/>  180 Shaffer Road | | Santa Cruz, CA 95060 | | (831) 423-1020 | | |  |  | | --- | --- | | Outdoor Environmental Education, Soup Kitchens, Subject Specific Public Awareness/Education for Agricultural Issues, Temporary Employment for Agricultural/Forestry and Related Occupations and Homeless Individuals, Training and Employment Programs for Agricultural/Forestry and Related Occupations and Homeless Individuals | | |  |  | |
| Housing Authority | Santa Cruz  831-454-9455  Hollister  831-637-0487 | Rent subsidy for low-income persons. List of low income apartments. Serves Santa Cruz County, Hollister and San Juan Bautista |
| **I** |  | **I** |
| ILP Resource Center | 500 Ocean St. Santa Cruz, CA 95060 | The Independent Living Resource Center is equipped with a cozy living room, kitchen, laundry facility, and a computer lab that allows youth to complete many tasks of daily living and obtain a hot meal. Free tutoring and counseling services and food and clothing donations, are also available.  Mom groups, Mindfulness groups, activities, etc. VALUABLE RESOURCE for AB12 and Foster youth |
| Inner Light Ministries | <http://www.innerlightministries.com/>  5630 Soquel Drive  Soquel, CA 95073  (831) 465-9090 | Serves As A Second Harvest Food Distribution Site For People In Need In Santa Cruz County |
| Inner Solutions SC County | Soquel  831-476-7500  www.innersolutions.net | Group counseling for those with food weight and body image issues. Individual couples and family therapy available. Mornings evenings call to go through screening |
| Interfaith Satellite Shelter Program | (831) 458-6020 | Shelter resource |
| **J** |  | **J** |
| Janus of Santa Cruz | Santa Cruz  831-462-1060  Toll Free  866-526-8772  Perinatal Office:  831-423-9015  www.janussc.org | In patient alcohol detox, unit as well as 24 hour unit. Individual and group out-patient. Mondanaro Baskin Center for Women and Children is a women’s perinatal program. |
| Jesus, Mary, and Joseph Home | (831) 425-9741 | Women and Children Shelter, transitional housing, including meals for up to 6 months for single women ans single moms w children as well as terminally ill. Must be drug/alcohol free. Call between 8am-5pm, sliding scale, bilingual staff |
| **K** |  | **K** |
| Kaplan University | [www.kaplanuniversity.edu](http://www.kaplanuniversity.edu) | Certificates, Bachelors, Masters- Online Education |
| Khan Academy | <https://www.khanacademy.org/> | Free instruction on variety of subjects, including Math, Science, Computing, Arts and Humanities, Economics and test prep. |
| **L** |  | **L** |
| La Manzana Personalized Learning | <http://www.santacruzcoe.org/alt_ed/schools/la_manzana.html>  Phone: (831) 722-9031  Address: 18 West Lake Ave.  Watsonville, CA 95076 | Alternative Education School  online, classroom-based, and individualized learning opportunities |
| Lighthouse High School | <http://www.santacruzcoe.org/alt_ed/schools/lighthouse_high_school.html>  Phone: (831) 459-9741  Address: 515 Frederick St. Santa Cruz, California 95062 | Alternative Education School  Grades: High School |
| Live Oak Branch Library | 2380 Portola Dr  (831) 427-7711  http://www.santacruzpl.org/ |  |
| Lotus Collaborative | Santa Cruz  831-600-7103 | A holistic health and recovery center specializing in eating, weight, exercise, and nutrition concerns including anorexia, bulimia, binge eating, orthorexia, and compulsive exercising.  Provides partial hospitalization services, intensive outpatient services, eating disorder support groups, family therapy, nutrition counseling, and transitional living.  Serve teens (14+) and adults- female, male, trans, from SC County, Monterey, and Bay Area. |
| Louden Nelson Community Center | (831) 429-3504 |  |
| Loudon Nelson Community School | <http://www.santacruzcoe.org/alt_ed/schools/louden_nelson.html>  Phone: (831) 425-4891  Address: 301 Center Street, Room 6, Santa Cruz, CA 95060 | Alternative Education School  Classroom and Independent Studies programs,  life skills, academics, community involvement |
| **M** |  | **M** |
| Marijuana Anonymous | Hotline  408-450-0796 | Provides a 12 Step program and support for recovering marijuana addicts for both men and women. |
| Math Help | <http://www.mathhelp.com/ged-math-test-prep/> | Free online math preparatory course for the GED test. |
| Mental Health Client Action Network (MHCAN) | Santa Cruz  831-469-0479  www.mhcan.org | The Mental Health Client Network (MHCAN) is a peer run facility where adults with mental illness can meet access programs and make progress toward wellness in a safe non-judgmental supportive environment, |
| Migrant Education (Watsonville) | (831) 728-6213 |  |
| Minor DUI Diversion Program | (831) 429-8350 x107 | Cost: $380  1 intake session, 8 group sessions  Educational group counseling to youth convicted of driving under the influence. Referred by juvenile probation. Participants learn about the overall effects of substance abuse and the devastating effects of drinking and driving. |
| Minor in Possession Diversion Program | (831) 429-8350 x0 | Cost: $150  6-hour class is for young people under the age of 21 who have been cited for possession of alcohol and other drugs (MIP). |
| Monarch Services | <http://www.monarchscc.org/>  WATSONVILLE 233 East Lake Avenue  Watsonville, CA 95076 (831) 722-4532  SANTA CRUZ 1509 Seabright Avenue  Santa Cruz, CA 95062 (831) 425-4030  1-888-900-4232 24 Hr. Bi-lingual Crisis Line | Crisis Intervention, Domestic Violence/Sexual Assault Support, Emergency Shelter, Youth programs, Community Education, Counseling, Referrals, plus more |
| Monterey County Department of Social Services | Santa Cruz  831-755-4452 | Provides individuals with the skills necessary to obtain employment. Job search, workshop training, and vocational education, help with transportation and childcare expenses |
| Monterey Rape Crisis Center | Crisis Line 24 hour  831-375-4357  831-425-4357  831-648-7731 | 24-hour crisis volunteer-staffed line. Trained to assist survivors. Weekly support groups community education and self-defense classes. Sliding scale accepts insurance. No one refused. Serves men and women. |
| Mood Matters | Office  831-469-0462  Clients  831-469-0479 | Free meetings for people with bi-polar disorder or other mental health condition. Meets at Mental Health Client Action Network (MHCAN) |
| Mountain Community Resources | (831) 336-2553 | Food/shelter resource |
| Mountain Community Resources | Felton- Reception  831-335-6600  Felton- Information  831-335-6607 | Information/referral counseling various other social service programs including rent assistance. Offers special advocacy program for Latinos Open M-TH 9am-2pm |
| **N** |  | **N** |
| NAMI National Alliance on Mental Illness Santa Cruz | NAMI California  916-567-0163  NAMI Santa Cruz  831-427-8020 | Education and support program for families and/or friends with chronic mental health conditions |
| Narcotics Anonymous | Santa Cruz  831-429-7436 24 hr | Hotline available for drug users available 24 hrs a day, provides 12 Step support groups for recovering users. |
| National Domestic Violence Hotline- Teen Dating Abuse | Hotline 24 hours  1-866-331-9474 | Providing crisis intervention education and information to teens and young adults as well as concerned friends and parent and other community members. Bilingual |
| National Eating Disorder Association | 1-800-931-2237 | Nationwide, toll free and confidential eating disorder helpline and webchat. Support for individuals and families affected by eating disorders, and serve as a catalyst for prevention and access to quality care  M-TH 6am-6pm  F 6am-2pm  Closed Holidays |
| National Runaway Switchboard | 1-800-RUNAWAY  http://www.1800runaway.org | Provides crisis intervention, referrals and youth advocacy. Conference calls with parents and to shelters/agencies and message delivery. Multilingual through language line services |
| Natural Bridges High School/  Career Training Center | Address: 313 Swift Street,  Santa Cruz, CA 95060  Phone: (831) 457-8254 Fax: (831) 459-9825 | Alternative Education School:  “This is a program for students in grades 10-12 seeking employment training in "green" careers while earning credits toward high school graduation.” |
| New Life Community Services | Santa Cruz  831-427-1007  Toll Free  1-888-474-6758 | Emergency shelter and dinner for families up to 30 days, Priority for people in drug/alcohol rehab, NA or AA programs. Bilingual, sliding scale |
| New Life Community Services of Santa Cruz | [www.newlifesc.org/](http://www.newlifesc.org/)  Email: [office@newlifesc.org](mailto:office@newlifesc.org)  1-888-474-6758 (831) 427-1007  707 Fair Ave. Santa Cruz, CA 95060 | Substance Use Recovery  Inpatient  Outpatient |
| New View Learning Center | Capitola  831-464-2378  http://newviewlearning.com | Large group, small group, and individual counseling services available, co-parenting after divorce, domestic management, domestic violence intervention, parenting (child, youth, teen), and assertiveness training. Also offers one-day seminars on variety of topics. |
| Nicotine Anonymous | Watsonville  831-728-6445 | Provides 12 Step meetings and support for recovering nicotine addicts |
| Nueva Vista Family Center | Santa Cruz  831-423-5747 | Advocacy and referral services. Distribution of food and clothing on the 2nd and 4th Wed of the month from 3:30-5:30 |
| Nutritionist Consult | 1350 41st Ave Suite 100 | Ann or Sue  Chiropractor/Nutritionist takes Medi-Cal |
| Nuture (Watsonville) | (831) 722-8780 |  |
| **O** |  | **O** |
| Oasis High School | <http://www.santacruzcoe.org/alt_ed/schools/oasis.html>  Phone: (831) 466-5650  Address: 350 Bldg, Cabrillo College Campus  6500 Soquel Drive, Aptos CA 95003 | Alternative Education School  High School on Cabrillo Campus  Personalized Learning Programs  Weekly one-on-one meetings with an Oasis teacher, Cabrillo College courses, On-line courses, Tutoring, R.O.P. courses, Service, academic, or vocational internships |
| Overeaters Anonymous | Santa Cruz  831-429-7906 | Support group for anyone with a desire to stop eating compulsively or anyone with a difficult relationship with eating. |
| Overeaters Anonymous Hotline | Santa Cruz  831-429-7906 | Help for Anorexia, Bulimia, Binge-eating, restricting, Overeating -hotline and support groups |
| **P** |  | **P** |
| Pajaro Valley Prevention | Watsonville  831-728-6445  www.pvpsa.org | Provides a variety of substance, violence/gang, mental health and counseling services. Serves students, families, and staff of the Pajaro Valley Unified School District |
| Pajaro Valley Prevention | Watsonville  831-728-6445  http://www.pvpsa.org/ | Provides a variety of substance violence/gang, mental health and counseling services. Serve students families and staff of the Pajaro Valley Unified School District (PVUSD) and the local community. Sliding scale. Call for counseling center location. Bilingual |
| Pajaro Valley Shelter Services (Watsonville) | (831) 728-5649 |  |
| Palo Alto Medical Foundation | 2907 Chanticleer Ave. Santa Cruz, CA 95065 | OBGYN takes Medi-Cal |
| Parents Center | Santa Cruz  831-426-7322  Watsonville  831-724-2879  <http://www2.santacruzpl.org/cid/public/full.php?id=527> | Individual and family counseling for child abuse child molestation incest adults abused as children and court mandated family issues. Parenting and anger management course open to community. Also, services for victims of crime. |
| Peace United Church of Christ | Santa Cruz  831-426-2010 | Open an affirming congregation that celebrates the membership and ministry of lesbians, gays, bisexual and transgender friends, |
| PFLAG Parents, Families, and Friends of Lesbians and Gays | Santa Cruz  831-427-4016 | Support group/education/advocacy and community for gay, lesbian, transgender persons their families and friends |
| Phoenix Academy School | <http://www.santacruzcoe.org/alt_ed/schools/phoenix_academy.html>  Phone: (831) 212-2292 Fax: (831) 425-7107  Address: 411 Roxas St., Santa Cruz, CA 95062 | Alternative Education School  Grade: 7 through 10 (males) |
| Planned Parenthood | Santa Cruz  831-426-5550  Watsonville  831-724-7525 | Family practice medicine including reproductive healthcare, pediatric, birth control counseling, abortion referrals, and provider testing for STDs and pregnancy. Sliding scale, Medi-Cal |
| Ponderosa High School and Career Training Center | <http://www.santacruzcoe.org/alt_ed/schools/ponderosa.html>  Phone: (831) 336-9338 Fax: (831) 336-8972  Address:305 Marion Avenue, Ben Lomond, CA 95005 | Alternative Education School  Ages: 15-19 |
| Pregnancy Resource Center | (831) 475-2200  www.santacruzprc.org/ | Pregnancy resources  Abortion Recovery |
| **R** |  | **R** |
| Renaissance- Family Service Agency of the Central Coast | Santa Cruz  831-423-9444  Watsonville  831-728-9970 | Individual counseling for people with Medicare. No- co-pay required |
| Resource Center of Casa de la Cultura | Pajaro  831-763-0702 | Provide residents with food distribution, rent assistance, clothing, free clinic Tuesday evenings, citizenship classes, pastoral counseling, health education classes, and diabetes managed care |
| River Street Shelter | Santa Cruz  831-459-6644 2pm-8pm  733 River St. | 30 day stay for single, homeless, and mental health clients over 18. Provides mental health, homelessness, and drug and alcohol counseling. Call between 2pm and 8pm |
| River Street Shelter | (831) 459-6644  733 River St. Santa Cruz | Provides 30 Day stay for single homeless and mental health clients over 18 . Provides mental health, homelessness and drug and alcohol counseling |
| Robert A. Hartman School | <http://www.santacruzcoe.org/alt_ed/schools/robert_hartman.html>  Phone: (831) 454-3850 or 454-3859 Fax: (831) 454-3874  Address: 3650 Graham Hill Road, Santa Cruz, CA 95060 | Alternative Education School  For the education of Youth detained at Santa Cruz County Juvenile Hall |
| **S** |  | **S** |
| Salvation Army | Santa Cruz  831-426-8365  Watsonville  831-724-3922 | Food for families that have kitchen facilities. Referral to emergency shelters. Clothing vouchers distributed 1st Wed of month. PG&E assistance. Food Pantry M-TH 9am-11am |
| Salvation Army | Santa Cruz: (831) 426-8365  Watsonville: (831) 724-3922  Scotts Valley 831-461-2001 |  |
| San Lorenzo Valley Community School | <http://www.santacruzcoe.org/alt_ed/schools/san_lorenzo.html>  Phone: (831) 336-3165 Fax: (831) 336-2830  Address: Highlands Park, 8500 Highway 9, Ben Lomond, CA 95006 | Alternative Education School  Grade: 7 through 12   small community school |
| Santa Cruz Adult School | [www.adulted.santacruzk12.ca.us](http://www.adulted.santacruzk12.ca.us)  GREEN VALLEY CENTER  Pajaro Valley Unified School District  294 Green Valley Road  Watsonville, CA 95076  (831) 786-2160  ILC INSTITUTE FOR LANGUAGE AND CULTURE  320 Rodriguez St.  Watsonville, CA 95076  (831) 786-8225  SANTA CRUZ CENTER  319 La Fonda Ave,  Santa Cruz, CA 95062  (831) 429-3966 | High School Diploma/GED  Adult Basic and Secondary Education  Ongoing Courses  Online Courses  Career and Vocational Classes  Citizenship Classes  Healthcare Classes  Foreign Languages  Applied Arts  Driver’s education  And more |
| Santa Cruz AIDS Project | 831-427-3900 | Support groups information and referrals. Brochure and free condoms. Motel vouchers available, Free/anonymous HIV testing Wed 5:30-8:30 Thurs 10am-12pm |
| Santa Cruz Braille Library | 400 Encinal St  (831) 466-5600 |  |
| Santa Cruz Children’s Museum of Discovery | 1855 41st Ave. #10 Capitola, CA 95010 | Volunteer Opportunities  Occasional Part-time work  Gina Vitali ginacuseo@hotmail.com |
| Santa Cruz City Police | Non-emergency  831-471-1131  Business Office  831-420-5800  Anonymous Tip Line  831-420-5995 |  |
| Santa Cruz Connect | http://www.phc-santacruz.org/  (831) 406-1742 | Annual 1-Day SC County Event Support/Services for Homeless Persons  \*Formerly Project Homeless Connect |
| Santa Cruz County Animal Shelter | <http://www.scanimalshelter.org/>  Santa Cruz Location  Public Entrance: 1001 Rodriguez St.,  Santa Cruz, CA 95062  Mail and Service Entrance: 2200 7th Ave., Santa Cruz, CA 95062  Watsonville Location  580 Airport Blvd.  Watsonville, CA 95076 | Volunteer  SC Hours:  Daily 10-6, Wed 10-7  Watsonville Hours:  Monday – Saturday\*  9:00 am – 5:00 pm (closed from noon to 1:00 pm) |
| Santa Cruz County Benefits  CalFresh, Medi-Cal, GA | 1020 Emeline Ave. Santa Cruz, CA 95060 831-454-2515  18 West Beach Street, Watsonville, CA 95076 831-763-8568  1 (888) 421-8080  Online Application:<https://www.mybenefitscalwin.org/> | Hours: Monday - Friday 8:00 a.m.- 5:00 p.m.  (Santa Cruz and Watsonville) |
| Santa Cruz County Birth Certificate | <http://www.co.santa-cruz.ca.us/rcd/recorders/birth&death/birthcertificate.htm>  (831) 454-2800, Mon-Fri, 8am-4pm.  Fax 831-454-3169AT  701 Ocean St., Rm 230, Santa Cruz, CA, 95060 |  |
| Santa Cruz County Health Center | Santa Cruz  831-454-2515  Watsonville  831-763-8033 | County agency offering general medical care, family planning, some STD testing, abortionreferrals |
| Santa Cruz County Health Center  (Santa Cruz) | Santa Cruz  831-454-2515  http://www.santacruzhealth.org/admnstr/2benefits.htm | County agency offering general medical care, family planning, some STD testing, abortion referrals and homeless programs, Medi-Cal, Medicruz, sliding scale fee |
| Santa Cruz County Health Center  (Watsonville) | Watsonville  831-763-8033  http://www.santacruzhealth.org/admnstr/2benefits.htm | County agency offering general medical care, family planning, some STD testing, abortion referrals and homeless programs, Medi-Cal, Medicruz, sliding scale fee |
| Santa Cruz County Jail (Main) | Santa Cruz  831-454-2420 | County jail men’s facility |
| Santa Cruz County Jail (Roundtree Medium Facility) | Watsonville  831-454-5112 |  |
| Santa Cruz County Law Library | 701 Ocean St  (831) 420-2205  <http://www.lawlibrary.org/> |  |
| Santa Cruz County Sherriff | 911  Non-emergency  831-471-1121 |  |
| Santa Cruz Hostel | Santa Cruz  1-831-423-8304  www.hi-santacruz.og | Dormitory accommodations and private rooms. Not for SC residents VERY communal space, not best for everyone- 14 day max stay |
| Santa Cruz Parks and Recreation | (831) 429-3663 |  |
| Santa Cruz Public Libraries - Downtown Branch | 224 Church St  (831) 427-7707  http://www.santacruzpl.org/ |  |
| Santa Cruz Public Library Branciforte Branch | 230 Gault St  (831) 427-7704  http://www.santacruzpl.org/ |  |
| Santa Cruz Residential Recovery | (831) 423-3728 or [recoverysupport@encompasscs.org](mailto:recoverysupport@encompasscs.org)  125 Rigg St, Santa Cruz, CA 95060  Phone: (831) 240-0852 | Substance Use Recovery Program  30-bed co-ed residential program, 30-90 days, Program activities include evidence-based trauma informed and cognitive behavior therapies (CBT), focused individual and group counseling, pro-social life skill building, mindfulness and daily house meetings. |
| Santa Cruz Teen Center | <http://www.cityofsantacruz.com/departments/parks-recreation/teen-programs/santa-cruz-teen-center>  <http://www.santacruzcoe.org/alt_ed/schools/santa_cruz_teen_center.html>  Phone: (831) 359-9277  Address: 301 Center St., Santa Cruz, CA 95060 | Alternative Education School   Independent Study program  Bicycle distribution for under 18, Computer Lab, Rec and Support Services for teens Teen center Hours vary |
| Santa Cruz Women’s Health Center and East Cliff Family Health | Santa Cruz  831-427-3500  http://www.scwomenshealth.org/ | Medical services for women and children, sliding scale. Will see people with no insurance. No HMO insurance. Medical, MediCruz accepted. See website/call for hours |
| Santa Cruz Youth Services | Santa Cruz  831-429-8350  Watsonville  831-688-8856 | Counseling for youth and parents. Free with Medi-Cal, sliding scale without ($15-$60). Provides counseling and support services to youth that are homeless or at-risk of homelessness. Info for emancipation of minors. |
| Santa Cruz Youth Services  (Santa Cruz) | Santa Cruz  831-425-2229  http://www.encompass.org/youth-services/youth-services | Counseling for youth and parents. No fee with Medical. Also provides counseling and support services to youth that are homeless or at risk of homelessness. Call for pricing. |
| Scotts Valley Police | 911  Non-emergency  831-440-5670 |  |
| Seabright High School | <http://www.santacruzcoe.org/alt_ed/schools/seabright_high_school.html>  Phone: (831) 425-7106  Address: 411 Roxas Avenue Santa Cruz, California 95062 | Alternative Education School  Grades: High School |
| Second Harvest- Community Food Hotline | Santa Cruz  831-662-0991 | Referral to local pantries and USDA distribution sites. Free summertime lunch program for children. |
| Second Harvest Food Bank | (831) 662-0487 |  |
| Sequoia Academy | <http://www.santacruzcoe.org/alt_ed/schools/sequoia_academy.html>  Phone: (831) 466-5680  Address: 229 Green Valley Road Freedom CA 95019 | Alternative Education School |
| Sequoia High School | <http://www.santacruzcoe.org/alt_ed/schools/sequoia_high_school.html>  Phone: (831) 466-5680  Address: 229 Green Valley Road Freedom CA 95019 | Alternative Education School  Grades: High School |
| Sequoia Junior High School | <http://www.santacruzcoe.org/alt_ed/schools/sequoia_junior_high.html>  Phone: (831) 466-5680  Address: 229 Green Valley Road Freedom CA 95019 | Alternative Education School  Grades: Junior High |
| Sex and Love Addicts Anonymous | Santa Cruz  831-425-3353 | Offers 12 Step program and support group for adults of any sexual orientation. |
| Seymour Center at UCSC | <https://seymourcenter.ucsc.edu/>  <https://seymourcenter.ucsc.edu/get-involved/volunteer/>  Volunteer Program  Seymour Marine Discovery Center  100 McAllister Way  Santa Cruz, CA 95060  [volunteers@ucsc.edu](mailto:volunteers@ucsc.edu)  LOCATION: End of Delaware Avenue, near  Natural Bridges State Beach, Santa Cruz  (831) 459-3800 | Volunteer: Aquarists, Docents, Exhibit Guides, Youth Program Instructors, College Internships |
| Shoreline Postsecondary & Vocational School Training Programs | www.shorelineworks.org/trainingprograms.shtml |  |
| Shoreline Santa Cruz Neighborhood Career Center | 350 Encinal St. Santa Cruz, CA 95060 | Works with Workforce Santa Cruz |
| Shoreline School of Cosmetology | (831) 423-5806 x755  www.shorelineworks.org/cosme.shtml |  |
| Si Se Puede | <http://www.encompasscs.org/community-recovery-services/si-se-puede>  161 Miles Ln, Watsonville, CA 95076  Phone: (831) 296-1521 | Substance Use Recovery Program  Bi-lingual, 23 bed residential all-male program |
| Siena House Maternity Home | (831) 425-2229  108 High St. Santa Cruz 95060  www.sienahouse.org/ | Housing  Pregnancy/early infancy support  Structured Program |
| SOS: Second Opportunity for Students | <http://www.santacruzcoe.org/alt_ed/schools/sos.html>  Phone: (831) 750-5605 Fax: (831) 786-4707  Address: Cabrillo College Watsonville Campus  318 Union Street Watsonville, CA 95076 | Alternative Education School  Up to age 19 who are returning to school and who want to continue their education and work towards a high school diploma, GED, or transition to Cabrillo College |
| St. Francis Catholic Kitchen | Santa Cruz  831-459-6712  [www.stfrancissoupkitchen.org/](http://www.stfrancissoupkitchen.org/) | Serves soup and salad lunches at noon. Showers available. Mon-Fri 11am-1pm Clothing available Mon/Wed/Fri. Milk to pregnant women and children when donations permit. |
| St. George Residencies | Santa Cruz  831-429-8229 | Apartments. Call for rates  (Some low-income Apartments occasionally available) |
| St. Patrick’s Loaves and Fishes (Watsonville) | (831) 722-4144 |  |
| St. Vincent De Paul | North SC County  831-423-0878  South SC County  831-722-3250  Second Food Harvest  831-662-0991  Pajaro Valley831-763-0702 | Pantry in Santa Cruz area with fresh fruit and vegetables. Referral services for food. Bilingual  Some rent assistance occasionally available. |
| St. Vincent De Paul Society Of Santa Cruz | |  |  | | --- | --- | | 210 High Street | | | Santa Cruz, CA 95060 | | | (831) 423-0878 | | |  |  | | |  |  | | --- | --- | | Donation Drop Off Points, Furniture, General Clothing Provision, Household Goods, Occasional Emergency Food Assistance, Prescription Expense Assistance, Rent Payment Assistance, Utility Service Payment Assistance | | |  |  | |
| Star Community School | <http://www.santacruzcoe.org/alt_ed/schools/star.html>  Phone: 831.459.9741 Fax: 831.459.9219  Address: Star of the Sea Church, 515 Frederick Street,  Santa Cruz, CA 95062 | High School: smaller classes, individualized instruction, resource support, an organic garden, vocational training, participation in sports, music classes, and more |
| STRANGE | Santa Cruz  831-325-0656 | Youth driven program for transgender, bisexual, lesbian, gay, intersex, queer, and questioning youth (LGBTTQQI) ages 14-23 and their allies. They provide supportive educational and social activities. A program of Encompass. Free. |
| Suicide Prevention Service | 24-Hour Suicide Crisis Line  Toll-free: 1-877-663-5433 (ONE LIFE)  Local: 831-458-5300 | Serving Monterey, Santa Cruz, and San Benito Counties |
| Survivors Healing Center (Family Service Agency of the Central Coast) | Santa Cruz  831-423-7601 | Group therapy sessions for women men youth gay lesbian bisexual transgender and Latino survivors of childhood sexual abuse and their allies. Primary goals are to empower those victimized by sexual abuse through healing process and to prevent sexual assault/abuse. |
| **T** |  | **T** |
| Test Prep Tool Kit | <http://www.testpreptoolkit.com/> | Free online classes, practice tests, study guides, and more. Great resource. |
| Trans Lifeline | Nationwide  1-877-565-8860 | Trans Lifeline is a non-profit dedicated to the well-being of transgender people. Helpline is staffed by transgender people for transgender people. Trans Lifeline volunteers are ready to respond to whatever support needs members of our community might have. |
| Trevor Project | Nationwide  1-866-488-7386 | Nationwide organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning youth |
| Tyler House | 2716 Freedom Boulevard  Watsonville, California 95076  Phone: (831) 272-0789 (831) 688-6293 | 6-month residential treatment program for teens with drug and alcohol issues. This therapeutic program provides the support and guidance necessary to maintain a clean and sober lifestyle. |
| **U** |  | **U** |
| UCSC Counseling Service | Santa Cruz  831-459-2628 | UCSC students only. Free, short-term therapy for UCSC students. Group and individual services available. Student Health Center |
| UCSC Police | 831 459-2345 |  |
| UCSC Smith Renaissance Society | <http://smithsociety.ucsc.edu/>  Sally Lester 831-459-4968 [smithsociety@ucsc.edu](mailto:smithsociety@ucsc.edu) | academic, personal, social and financial support to UCSC students, including to foster youth. |
| University of Phoenix | <http://www.phoenix.edu/degrees.html>  866.766.0766 | Associates, Bachelors, Masters, Doctorate, Online Education |
| **V** |  | **V** |
| Valley Churches United Missions | (831) 336-5651 |  |
| Valley Churches United Missions | |  | | --- | | <http://www.vcum.org/>  9430 Love Creek Road | | Ben Lomond, CA 95005 | | (831) 336-8258 | | Bus Fare, Camperships, Dental Care Expense Assistance, Food Vouchers, Gas Money, Government Surplus Food Distribution Sites, Medical Care Expense Assistance, Mortgage Payment Assistance, Occasional Emergency Food Assistance, Occasional Emergency Food Assistance for Older Adults, Rent Payment Assistance, School Supplies, Shoes, Utility Service Payment Assistance  Hours: Mon-Fri, 9-4; Saturday, 10-12 |
| VIP Volunteer Initiative Program | <https://scvolunteercenter.org/programs/volunteer-initiative-program/>  Santa Cruz Volunteer Center - Main Office  1740 17th Ave  Santa Cruz, CA 95062  Phone: 831-427-5070  Email: volunteer@scvolunteercenter.org |  |
| Volunteer Center | <https://scvolunteercenter.org/>  Santa Cruz Volunteer Center - Main Office  1740 17th Ave  Santa Cruz, CA 95062  Phone: 831-427-5070  Email: volunteer@scvolunteercenter.org | Online Database-Volunteer Opportunities- Santa Cruz County |
| VOUCHER Project | Aptos  831-688-2152 | Provides childcare subsidy for parents who are working seeking work or training. Wait list. Income and other eligibilities required.  9047 Soquel Dr. ST D  Aptos |
| **W** |  | **W** |
| Walnut Ave. Women’s Center | (831) 426-3062  <http://www.wafwc.org/>  303 Walnut Avenue, Santa Cruz, CA 95060  1-866-2MY-ALLY 24 Hr. DV Hotline | Child Care, Domestic Violence services, food/clothing resource |
| Watsonville Adult Education | (831) 728-6330 |  |
| Watsonville Career Center | 18 West Beach Street  Watsonville, CA 95076  (831) 763-8700 |  |
| Watsonville Hospital Education Services | (831) 761-5618 |  |
| Watsonville Institute of Cosmetology | [www.watsonvilleinstituteofcosmetology.com](http://www.watsonvilleinstituteofcosmetology.com)  1414 Freedom Blvd. Watsonville, CA 95076  (831) 761-3544 | Courses to become cert. cosmetologist, nail tech, esthetician, or cosmetology instructor |
| Watsonville Law Center | Santa Cruz  831-722-2845 | Free legal advice and referral information for low-income individuals. Drop in hours Mon-Tues, Thurs. Fri. 9-3 Closed Wednesday |
| Watsonville Law Center | Watsonville  831-722-2845 | Free legal advice and referral information for low-income individuals. Drop in hours Mon, Tues Thurs and Fri 9-3 Closed Wed |
| Watsonville Parks and Recreation | (831) 728-6081 |  |
| Wesley House | [janetkayleon@hotmail.com](mailto:janetkayleon@hotmail.com)  121 La Selva Drive La Selva Beach, CA 95076-1616  Phone: 831-685-0646  123 La Selva Drive  La Selva Beach, CA 95076-1616  Phone: 831-685-0646  922 Brewington Ave.  Watsonville, CA 95076  Phone: 831-761-2220 | Volunteer with elderly in Watsonville |
| WIC (Women, Infants, and Children) Food Resources | 1105 Water Street Santa Cruz, CA 95062  Santa Cruz  831-426-3911  Watsonville  831-722-7121  <http://communitybridges.org/wic/> | Temporary supplemental program for low-income pregnant, breast feeding and post-partum women and their children up to 5 years |
| WINGS  Suicide Prevention Service | Santa Cruz  831-459-9373  Suicide Crisis Line  1-877-663-5433 | Peer run grief support group for adults grieving the death of a loved one due to suicide. WINGS, Warm Interactions Navigating the Grief of Suicide, meets in Santa Cruz |
| Women’s Crisis Support/Defensa de Mujeres | Crisis Line:  1-888-900-4232  Santa Cruz  831-425-4030  Watsonville  831-722-4532 | Domestic violence and sexual assault response, advocacy, and 24 hr counseling for rape survivors. Accompaniment to the hospital, police, or court. Pick-up available. Offers alternatives to police intervention. Confidential shelter for battered women and their children. |
| Workforce Santa Cruz County | www.santacruzhumanservices.org |  |
| **Y** |  | **Y** |
| YES Recovery High School (Youth Experiencing Success) | <http://www.santacruzcoe.org/alt_ed/schools/yes.html>  Phone: (831) 426-5784 Fax: (831) 425-1526  709 Mission Street, Santa Cruz, CA 95060  Contact Info: (831) 429-8350 x113 | Ages: 13 through 18  Recovery Based  “Clean and Sober High School” |
| YMCA (Watsonville) | (831) 724-6078 |  |
| Youth Services Emancipation of Minors | Santa Cruz  831-425-0771  831-429-8350  Watsonville  831-728-2226  831-688-8856 | Teen and family counseling agency. Info about legal emancipation of minors |
| Youth Services- Homelessness | Santa Cruz  831-425-0771  831-429-8350  Watsonville  831-728-2226  831-688-8856 | Provides counseling and support services to youth that are homeless or at risk of being homeless |
| Youth Services Tyler House | 2716 Freedom Boulevard  Watsonville, California 95076  Phone: (831) 272-0789 (831) 688-6293 | 6-month residential treatment program for teens with drug and alcohol issues. This therapeutic program provides the support and guidance necessary to maintain a clean and sober lifestyle. |