A-Z Resource Directory for AB 12 Non-Minor Dependents

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| **NAME** | **CONTACT** | **NOTES** |
| **A**  |  | **A**  |
| Above the Line | Santa Cruz831-662-9081 | Housing and services for at-risk teen girls ages 13-17 offers medical and dental care, employability and job training education, transportation, legal assistance, art, drama, sports, programs and opportunities for social reintegration. Counseling. |
| Adelante (WATS) | (831) 724-2997 |  |
| Adolescent Family Life Program | 1060 Emeline Ave. Bldg F, Santa Cruz, CA 95060(831) 454-4339 | Public Health Nurse support, education referrals and case management for pregnant and parenting teens age 18 and under. Free. Bilingual.  |
| Adult Services- Santa Cruz County | (831) 454-4101 | Investigates all reports of suspected abuse or neglect to seniors or disabled adults |
| Advocacy Inc. | (831) 429-1913 | Long term care ombudsman program and patient rights advocate program for mental health consumers |
| Al-Anon & Ala-teen | Santa Cruz831-462-1818 | Al-Anon is a support group for friends and relatives of alcoholics. Ala-teen is a support group for teenagers affected by someone’s alcohol/drug use. On-call members for people who need someone to talk to right away. |
| Alcoholics Anonymous | 24 Hours831-475-5782 | Provides a 12-Step program and support group for individuals with alcohol issues. Only requirement is desire to stop drinking. Bilingual groups, Toll-free 24 hrs |
| ALTO Counseling Center | <http://www.encompasscs.org/community-recovery-services/alto>E-mail: crs@encompasscs.org716 Ocean Street Santa Cruz, CA 95060Phone: (831) 423-2003585 Auto Center Drive Watsonville, CA 95076Phone (831) 728-2233 | The ALTO program offers outpatient services, drinking driver programs, drug court and more. We offer flexible hours and a sliding scale fee. All services are confidential.Drug/Alcohol CounselingDUI/Drinking Driver ProgramsDeferred Judgment Program/PC 1000Domestic Violence Program |
| American Red cross | Santa Cruz County Chapter2960 Soquel Ave, Santa Cruz, CA 95062(831) 462-2881 | Volunteer, CPR/First Aid, Community Preparedness Training, Aquatics, Certified Nurse Assistant Training |
| Arboretum at UCSC | (831) 427-2998<https://arboretum.ucsc.edu/> | Volunteer |
| Ashford University | <https://www.ashford.edu/> 1.866.711.1700 | Associates, Bachelors, Masters- Online Education |
| **B** |  | **B** |
| Bauman College-Holistic Nutrition and Culinary Arts | <https://www.baumancollege.org/> | Nutrition Consultant- 18 months Distance Learning Cert.Natural Chef-Onsite-Berkeley |
| **C** |  | **C** |
| Cabrillo College Admissions and Records | Admissions/Records: <http://www.cabrillo.edu/services/ar/>APTOS: Welcome Center SAC East Building, 6500 Soquel Drive, Aptos CA 95003; (831) 479-6100; Watsonville: 318 Union Street, Watsonville CA 95076; (831) 786-4701 |  |
| California Youth Crisis LineStatewide | 1-800-843-5200[www.youthcrisisline.org](http://www.youthcrisisline.org) | Crisis line for youth and parents. Support and referrals. System to connect runaway youth to their parents by phone. Relay system to carry messages between youth and parents. Internet chat also available. Free. Bilingual. |
| Capitola Police | Non-Emergency831-471-1141Main Line831-475-4242Anonymous Tip Line831-475-2791 | Non emergency dispatch line for welfare checks, civil stand-bys, and information 422 Capitola Ave. Capitola |
| Child Development Resource Center | Santa Cruz831-466-5820Watsonville831-724-2997 ext 210 | Referrals for childcare. Training for parents and providers. Free. Mon-Fri 8am- 5pm Bilingual. |
| Child Protective Services | Santa Cruz831-454-4222To report:807-505-3299831-454-2273 | Takes reports and investigates cases of suspected abuse and neglect. Crisis counseling and referrals. Free. Main phone available 24 hrs. Bilingual |
| Co-dependents Anonymous | Santa Cruz831-469-6096Toll Free English888-444-2359Toll Free Spanish1-888-444-2379 | Provides a 12 Step program and support group. Self-help group for individuals who are co-rdependent. |
| Commission for the Prevention of Violence Against Women | Santa Cruz831-420-5363 | Free information and referral for battered women, teen violence prevention programs. Self-defense classes for girls, teens, women and seniors are offered at a nominal charge, no one turned away for lack of funds. |
| Community Support Services | Santa Cruz831 459-0444 | Rehabilitation services, counseling and education classes for people with serious mental illness and chemical dependency Free 290 Pioneer ST. Santa Cruz.  |
| Conflict Resolution Center of Santa Cruz County | Santa Cruz831-475-6117 | Mediation services- free confidential flexible pay scale, group facilitation, training and workshops |
| Cottage(The Cottage) | Phone: (831) 420-6190Address: 305 Evergreen Street, Santa Cruz, California 95060 | Alternative Education SchoolTime: 11 am – 4 pmAges: 14 through 18 afternoon program designed for students who benefit from a small classroom setting with individual attention |
| Counseling Services- Family Services Agency of the Central Coast- Santa Cruz | Santa Cruz831-423-9444Watsonville831-728-9970 | General family and group counseling for individuals, couples and families. Sliding fee scale. Medi-Cal accepted. Counseling for LGBTQ youth, adults, families, Counseling for children. |
| County Mental Health | Santa Cruz1-800-952-2335 24 hr | Access team is available 24 hrs a day for Santa Cruz County residents to assess for hospitalization in a psychiatric crisis. Based upon the results of an assessment the team’s care manager will link to independent agencies. |
| CPR/First Aid | www.a-b-cpr.com | Online $15 |
| Cradle Project (Watsonville) | (831) 722-1777 |  |
| Cypress Health institute  | <http://cypresshealthinstitute.com/>1119 Pacific Ave, Suite 300 Santa Cruz, CA 95060 | Classes/Cert. in Massage/Healing |
| **D** |  | **D** |
| Davenport Resource Center | (831) 425-8115 | Food/shelter resource |
| Davenport Resource Service Center | Davenport831-425-8115 | Info and services to rural north coast community |
| DEFIB THISTNCCEmergency Response Training, Inc. | <http://www.defibthis.com/>831.426.91111543 Pacific Ave Santa Cruz CA 95060  | Training/Courses:EMT, Acute Care/RN Prep, ACLS, PALS, BLS, NRP, PEARS, First Aid & CPR |
| DeWitt Anderson School  | <http://www.santacruzcoe.org/alt_ed/schools/dewitt_anderson.html>Phone: (831) 786-3890 Fax: (831) 786-3904 Address: 2716 Freedom Blvd., Corralitos CA  | Alternative Education School Ages: 12 to 18 year old female students |
| Digital Nest | (831) 331-7419 Jacob Martinezjacob@digitalnest.org | Technology access, education, skill training, etc. |
| Diversity Center | Santa Cruz831-425-5422 | Support and activity groups, housing and job information. Lending library, cyber center and drop-in service for youth and adults who are questioning their sexuality. Hours vary |
| Dominican Hospital | General831-462-77001555 Soquel Dr. Santa Cruz | General Hospital services including emergency, medical and psychiatric services |
| Dominican Hospital Education Services | (831) 462-7709 |  |
| Dominican Hospital Sexual Assault Services | 24 Hour SART831-462-7744General831-462-7700 | Emergancy medical and psychiatric services. Raped ad battered women given priority treatment. Sexual Assualt Response Team (SART) services available. |
| **E** |  | **E** |
| EBT Cards | <https://www.ebt.ca.gov/caebtclient/reciplogin_client.jsp>1020 Emeline Ave. Santa Cruz, CA 9506018 West Beach Street, Watsonville, CA 950761 (888) 421-8080 CalFresh Apply Online: <https://www.getcalfresh.org/?source=santacruzweb>(en Espanol)<https://www.getcalfresh.org/?new_locale=es> | Hours: Monday - Friday 8:00 a.m.- 5:00 p.m. (Santa Cruz and Watsonville) |
| EED Center: Capitola | 2045 40th Ave Suite BCapitola, Ca 95010(831) 464-6286 |  |
| Encompass Community Services | <http://www.encompasscs.org/>Youth Services Santa Cruz: (831) 429-8350Watsonville: (831) 688-8856Transition Age Youth: (831) 459-0444Children and Families: (831) 724-3885Adult Substance Abuse(831) 423-2003 (Santa Cruz)(831) 728-2233 (Watsonville)Mental Health Services: (831) 459-0444HIV/AIDS: (831) 427-3900 | Child & Family Development ProgramsCommunity Recovery ServicesCommunity Support ServicesYouth Services |
| Encompass Community Services Youth Services | Youth Services Santa Cruz: 709 Mission Street Santa Cruz, CA 95060Phone: (831) 429-8350Watsonville: 241 East Lake AvenueWatsonville, CA 95076Phone: (831) 688-8856E-mail: youthservices@encompasscs.orgTransition Age Youth: (831) 459-0444Children and Families: (831) 724-3885 | Counseling (3-20 yrs),Substance Abuse Counseling & Education, Foster Youth, School-Based Counseling, LGBTQQIAAP Youth Support (12-21 yrs) |
| Equal Rights Advocate | English415-621-0672Spanish415-575-2399 | Statewidem advocates for women’s equality, free legal advice and counseling information and referral line. Sexual discrimination sexual harassment employment disability or student issues. |
| Escuela Quetzal | <http://www.santacruzcoe.org/alt_ed/schools/quetzal.html>Phone: (831) 786-0558Fax: (831) 728-3629Address: 241 East Lake Ave., Watsonville, CA 95076Grade: 9 through 12 | School-Based Counseling Program |
| **F** |  | **F** |
| Familia Center  | (831) 423-5747 |  |
| Families in Transition SC County | Santa Cruz831-728-9791Soquel831-458-7124Watsonville831-728-9791www.fitsantacruz.org | By appointment only. Families must be referred by another agency. Provide long term case management services to homeless/near homeless families. Families must go through an assessment to see if they are eligible for services. Waiting list for referred families. |
| Family Health Education Center  | Santa Cruz: (831) 457-0334Watsonville: (831) 763-3106 |  |
| Family Planning Associates Women’s Health | Toll Free1-877-883-7264Oakland1-510-899-7099 | Formally Choice Medical Group, Provides birth control, abortions, and medical exams. Ask about financial assistance plan when making an appointment |
| Family Services Agency of the Central Coast- Santa Cruz | Santa Cruz831-423-9444Watsonville831-728-9970 | General family and group counseling for individuals, couples and families. Sliding fee scale. Medi-Cal accepted. Counseling for LGBTQ youth, adults, families, Counseling for children. |
| Federal Student Aid | [www.fafsa.ed.gov](http://www.fafsa.ed.gov) 800.433.3243[www.studentaid.ed.gov](http://www.studentaid.ed.gov)[www.students.gov](http://www.students.gov) |  |
| Field Public Health Nursing Programs | (831) 454-4040 |  |
| First Five of Santa Cruz |  |  |
| Five Branches University | [www.fivebranches.edu](http://www.fivebranches.edu)200 7th Ave. Santa Cruz, CA 95062(831) 476-9424 | Multiple programs in Traditional Chinese Medicine and Integrative Medicine Education |
| Food Stamps | Santa Cruz831-454-4165Watsonville831-763-8500 | Food stamps- number listed is for Human resources- apply in person at Emeline SC office/E. Beach St. Watsonville office or online CALFRESH=Food Stamps |
| Freedom Community School | <http://www.santacruzcoe.org/alt_ed/schools/freedom_community_school.html>Phone: (831) 786-8971 Fax: (831) 786-9793Address:1430 Freedom Blvd., Watsonville, CA 95076 | Alternative Education School, Single Classroom |
| Friends Outside | Santa Cruz831-427-5070Watsonville831-722-6708Both numbers provide transfers to Friends Outside | Improves the quality of life of families children and communities impacted by incarceration and to assist with successful community reentry and family reunification for those transitioning from confinement to freedom. |
| **G** |  | **G** |
| Garfield Park Branch Library | 705 Woodrow Ave(831) 427-7709http://www.santacruzpl.org/ |  |
| GED Testing Service | https://ged.com/ | Online, free study materials, practice tests, score reports, study plans, and more. Follow link and create an account to begin. |
| GLBT National Help Center | 1-888-THE-GLNH1-800-246-PRIDE (youth hotline under 23) M-F 1pm-9pm | Provides telephone and email peer-counseling as well as information and resources for cities across America. Online chat as well. |
| **H** |  | **H** |
| Health Projects Center- SC County | Santa Cruz831-459-6639Monterey County831-424-4359 | Services focus on supporting family caregivers through resources and education. Includes respite care, family consultation, legal consultation, counseling, support groups, etc. Sliding scale. |
| Healthy Understanding of Grief (HUG) Program | Santa Cruz831-430-3000www.hospicesantacruz.org | Offers individual and group support to children and youth 5-18 who have experienced the loss of a relative or friend through illness or sudden death |
| Homeless Garden Project |

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| <http://www.homelessgardenproject.org/>180 Shaffer Road |
| Santa Cruz, CA 95060 |
| (831) 423-1020 |

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| Outdoor Environmental Education, Soup Kitchens, Subject Specific Public Awareness/Education for Agricultural Issues, Temporary Employment for Agricultural/Forestry and Related Occupations and Homeless Individuals, Training and Employment Programs for Agricultural/Forestry and Related Occupations and Homeless Individuals |
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| Housing Authority | Santa Cruz831-454-9455Hollister831-637-0487 | Rent subsidy for low-income persons. List of low income apartments. Serves Santa Cruz County, Hollister and San Juan Bautista |
| **I** |  | **I** |
| ILP Resource Center | 500 Ocean St. Santa Cruz, CA 95060 | The Independent Living Resource Center is equipped with a cozy living room, kitchen, laundry facility, and a computer lab that allows youth to complete many tasks of daily living and obtain a hot meal. Free tutoring and counseling services and food and clothing donations, are also available.Mom groups, Mindfulness groups, activities, etc. VALUABLE RESOURCE for AB12 and Foster youth |
| Inner Light Ministries | <http://www.innerlightministries.com/>5630 Soquel DriveSoquel, CA 95073(831) 465-9090 | Serves As A Second Harvest Food Distribution Site For People In Need In Santa Cruz County |
| Inner Solutions SC County | Soquel831-476-7500www.innersolutions.net | Group counseling for those with food weight and body image issues. Individual couples and family therapy available. Mornings evenings call to go through screening |
| Interfaith Satellite Shelter Program | (831) 458-6020 | Shelter resource |
| **J** |  | **J** |
| Janus of Santa Cruz | Santa Cruz831-462-1060Toll Free866-526-8772Perinatal Office:831-423-9015www.janussc.org | In patient alcohol detox, unit as well as 24 hour unit. Individual and group out-patient. Mondanaro Baskin Center for Women and Children is a women’s perinatal program.  |
| Jesus, Mary, and Joseph Home | (831) 425-9741 | Women and Children Shelter, transitional housing, including meals for up to 6 months for single women ans single moms w children as well as terminally ill. Must be drug/alcohol free. Call between 8am-5pm, sliding scale, bilingual staff |
| **K** |  | **K** |
| Kaplan University | [www.kaplanuniversity.edu](http://www.kaplanuniversity.edu) | Certificates, Bachelors, Masters- Online Education |
| Khan Academy | <https://www.khanacademy.org/> | Free instruction on variety of subjects, including Math, Science, Computing, Arts and Humanities, Economics and test prep. |
| **L** |  | **L** |
| La Manzana Personalized Learning | <http://www.santacruzcoe.org/alt_ed/schools/la_manzana.html>Phone: (831) 722-9031 Address: 18 West Lake Ave.Watsonville, CA 95076 | Alternative Education School online, classroom-based, and individualized learning opportunities |
| Lighthouse High School | <http://www.santacruzcoe.org/alt_ed/schools/lighthouse_high_school.html>Phone: (831) 459-9741Address: 515 Frederick St. Santa Cruz, California 95062 | Alternative Education School Grades: High School |
| Live Oak Branch Library | 2380 Portola Dr(831) 427-7711http://www.santacruzpl.org/ |  |
| Lotus Collaborative | Santa Cruz831-600-7103 | A holistic health and recovery center specializing in eating, weight, exercise, and nutrition concerns including anorexia, bulimia, binge eating, orthorexia, and compulsive exercising.Provides partial hospitalization services, intensive outpatient services, eating disorder support groups, family therapy, nutrition counseling, and transitional living.Serve teens (14+) and adults- female, male, trans, from SC County, Monterey, and Bay Area. |
| Louden Nelson Community Center | (831) 429-3504 |  |
| Loudon Nelson Community School | <http://www.santacruzcoe.org/alt_ed/schools/louden_nelson.html>Phone: (831) 425-4891Address: 301 Center Street, Room 6, Santa Cruz, CA 95060 | Alternative Education School Classroom and Independent Studies programs,  life skills, academics, community involvement  |
| **M** |  | **M** |
| Marijuana Anonymous | Hotline408-450-0796 | Provides a 12 Step program and support for recovering marijuana addicts for both men and women. |
| Math Help | <http://www.mathhelp.com/ged-math-test-prep/> | Free online math preparatory course for the GED test. |
| Mental Health Client Action Network (MHCAN) | Santa Cruz831-469-0479www.mhcan.org | The Mental Health Client Network (MHCAN) is a peer run facility where adults with mental illness can meet access programs and make progress toward wellness in a safe non-judgmental supportive environment, |
| Migrant Education (Watsonville) | (831) 728-6213 |  |
| Minor DUI Diversion Program | (831) 429-8350 x107 | Cost: $3801 intake session, 8 group sessionsEducational group counseling to youth convicted of driving under the influence. Referred by juvenile probation. Participants learn about the overall effects of substance abuse and the devastating effects of drinking and driving. |
| Minor in Possession Diversion Program | (831) 429-8350 x0 | Cost: $1506-hour class is for young people under the age of 21 who have been cited for possession of alcohol and other drugs (MIP). |
| Monarch Services | <http://www.monarchscc.org/>WATSONVILLE 233 East Lake AvenueWatsonville, CA 95076 (831) 722-4532SANTA CRUZ 1509 Seabright AvenueSanta Cruz, CA 95062 (831) 425-40301-888-900-4232 24 Hr. Bi-lingual Crisis Line | Crisis Intervention, Domestic Violence/Sexual Assault Support, Emergency Shelter, Youth programs, Community Education, Counseling, Referrals, plus more |
| Monterey County Department of Social Services  | Santa Cruz831-755-4452 | Provides individuals with the skills necessary to obtain employment. Job search, workshop training, and vocational education, help with transportation and childcare expenses |
| Monterey Rape Crisis Center | Crisis Line 24 hour831-375-4357831-425-4357831-648-7731 | 24-hour crisis volunteer-staffed line. Trained to assist survivors. Weekly support groups community education and self-defense classes. Sliding scale accepts insurance. No one refused. Serves men and women.  |
| Mood Matters | Office831-469-0462Clients831-469-0479 | Free meetings for people with bi-polar disorder or other mental health condition. Meets at Mental Health Client Action Network (MHCAN) |
| Mountain Community Resources | (831) 336-2553 | Food/shelter resource |
| Mountain Community Resources | Felton- Reception831-335-6600Felton- Information831-335-6607 | Information/referral counseling various other social service programs including rent assistance. Offers special advocacy program for Latinos Open M-TH 9am-2pm |
| **N** |  | **N** |
| NAMI National Alliance on Mental Illness Santa Cruz | NAMI California916-567-0163NAMI Santa Cruz831-427-8020 | Education and support program for families and/or friends with chronic mental health conditions |
| Narcotics Anonymous | Santa Cruz831-429-7436 24 hr | Hotline available for drug users available 24 hrs a day, provides 12 Step support groups for recovering users. |
| National Domestic Violence Hotline- Teen Dating Abuse | Hotline 24 hours1-866-331-9474 | Providing crisis intervention education and information to teens and young adults as well as concerned friends and parent and other community members. Bilingual |
| National Eating Disorder Association | 1-800-931-2237 | Nationwide, toll free and confidential eating disorder helpline and webchat. Support for individuals and families affected by eating disorders, and serve as a catalyst for prevention and access to quality careM-TH 6am-6pmF 6am-2pmClosed Holidays |
| National Runaway Switchboard | 1-800-RUNAWAY http://www.1800runaway.org | Provides crisis intervention, referrals and youth advocacy. Conference calls with parents and to shelters/agencies and message delivery. Multilingual through language line services |
| Natural Bridges High School/Career Training Center | Address: 313 Swift Street, Santa Cruz, CA 95060Phone: (831) 457-8254 Fax: (831) 459-9825 | Alternative Education School:“This is a program for students in grades 10-12 seeking employment training in "green" careers while earning credits toward high school graduation.” |
| New Life Community Services | Santa Cruz831-427-1007Toll Free1-888-474-6758 | Emergency shelter and dinner for families up to 30 days, Priority for people in drug/alcohol rehab, NA or AA programs. Bilingual, sliding scale |
| New Life Community Services of Santa Cruz | [www.newlifesc.org/](http://www.newlifesc.org/)Email: office@newlifesc.org 1-888-474-6758 (831) 427-1007707 Fair Ave. Santa Cruz, CA 95060 | Substance Use RecoveryInpatientOutpatient |
| New View Learning Center | Capitola831-464-2378http://newviewlearning.com | Large group, small group, and individual counseling services available, co-parenting after divorce, domestic management, domestic violence intervention, parenting (child, youth, teen), and assertiveness training. Also offers one-day seminars on variety of topics.  |
| Nicotine Anonymous | Watsonville831-728-6445 | Provides 12 Step meetings and support for recovering nicotine addicts  |
| Nueva Vista Family Center | Santa Cruz831-423-5747 | Advocacy and referral services. Distribution of food and clothing on the 2nd and 4th Wed of the month from 3:30-5:30 |
| Nutritionist Consult | 1350 41st Ave Suite 100 | Ann or SueChiropractor/Nutritionist takes Medi-Cal |
| Nuture (Watsonville) | (831) 722-8780 |  |
| **O** |  | **O** |
| Oasis High School | <http://www.santacruzcoe.org/alt_ed/schools/oasis.html>Phone: (831) 466-5650 Address: 350 Bldg, Cabrillo College Campus6500 Soquel Drive, Aptos CA 95003 | Alternative Education SchoolHigh School on Cabrillo CampusPersonalized Learning ProgramsWeekly one-on-one meetings with an Oasis teacher, Cabrillo College courses, On-line courses, Tutoring, R.O.P. courses, Service, academic, or vocational internships |
| Overeaters Anonymous | Santa Cruz831-429-7906 | Support group for anyone with a desire to stop eating compulsively or anyone with a difficult relationship with eating. |
| Overeaters Anonymous Hotline | Santa Cruz831-429-7906 | Help for Anorexia, Bulimia, Binge-eating, restricting, Overeating -hotline and support groups |
| **P** |  | **P** |
| Pajaro Valley Prevention | Watsonville831-728-6445www.pvpsa.org | Provides a variety of substance, violence/gang, mental health and counseling services. Serves students, families, and staff of the Pajaro Valley Unified School District |
| Pajaro Valley Prevention | Watsonville831-728-6445http://www.pvpsa.org/ | Provides a variety of substance violence/gang, mental health and counseling services. Serve students families and staff of the Pajaro Valley Unified School District (PVUSD) and the local community. Sliding scale. Call for counseling center location. Bilingual |
| Pajaro Valley Shelter Services (Watsonville) | (831) 728-5649 |  |
| Palo Alto Medical Foundation | 2907 Chanticleer Ave. Santa Cruz, CA 95065 | OBGYN takes Medi-Cal |
| Parents Center | Santa Cruz831-426-7322Watsonville831-724-2879<http://www2.santacruzpl.org/cid/public/full.php?id=527> | Individual and family counseling for child abuse child molestation incest adults abused as children and court mandated family issues. Parenting and anger management course open to community. Also, services for victims of crime.  |
| Peace United Church of Christ | Santa Cruz831-426-2010 | Open an affirming congregation that celebrates the membership and ministry of lesbians, gays, bisexual and transgender friends, |
| PFLAG Parents, Families, and Friends of Lesbians and Gays | Santa Cruz831-427-4016 | Support group/education/advocacy and community for gay, lesbian, transgender persons their families and friends |
| Phoenix Academy School | <http://www.santacruzcoe.org/alt_ed/schools/phoenix_academy.html>Phone: (831) 212-2292 Fax: (831) 425-7107Address: 411 Roxas St., Santa Cruz, CA 95062 | Alternative Education SchoolGrade: 7 through 10 (males) |
| Planned Parenthood | Santa Cruz831-426-5550Watsonville831-724-7525 | Family practice medicine including reproductive healthcare, pediatric, birth control counseling, abortion referrals, and provider testing for STDs and pregnancy. Sliding scale, Medi-Cal |
| Ponderosa High School and Career Training Center | <http://www.santacruzcoe.org/alt_ed/schools/ponderosa.html>Phone: (831) 336-9338 Fax: (831) 336-8972Address:305 Marion Avenue, Ben Lomond, CA 95005 | Alternative Education SchoolAges: 15-19 |
| Pregnancy Resource Center | (831) 475-2200www.santacruzprc.org/ | Pregnancy resourcesAbortion Recovery |
| **R** |  | **R** |
| Renaissance- Family Service Agency of the Central Coast | Santa Cruz 831-423-9444Watsonville831-728-9970 | Individual counseling for people with Medicare. No- co-pay required |
| Resource Center of Casa de la Cultura | Pajaro831-763-0702 | Provide residents with food distribution, rent assistance, clothing, free clinic Tuesday evenings, citizenship classes, pastoral counseling, health education classes, and diabetes managed care |
| River Street Shelter | Santa Cruz831-459-6644 2pm-8pm733 River St.  | 30 day stay for single, homeless, and mental health clients over 18. Provides mental health, homelessness, and drug and alcohol counseling. Call between 2pm and 8pm  |
| River Street Shelter | (831) 459-6644733 River St. Santa Cruz | Provides 30 Day stay for single homeless and mental health clients over 18 . Provides mental health, homelessness and drug and alcohol counseling |
| Robert A. Hartman School | <http://www.santacruzcoe.org/alt_ed/schools/robert_hartman.html>Phone: (831) 454-3850 or 454-3859 Fax: (831) 454-3874Address: 3650 Graham Hill Road, Santa Cruz, CA 95060 | Alternative Education SchoolFor the education of Youth detained at Santa Cruz County Juvenile Hall |
| **S** |  | **S** |
| Salvation Army | Santa Cruz831-426-8365Watsonville831-724-3922 | Food for families that have kitchen facilities. Referral to emergency shelters. Clothing vouchers distributed 1st Wed of month. PG&E assistance. Food Pantry M-TH 9am-11am |
| Salvation Army | Santa Cruz: (831) 426-8365Watsonville: (831) 724-3922Scotts Valley 831-461-2001 |  |
| San Lorenzo Valley Community School | <http://www.santacruzcoe.org/alt_ed/schools/san_lorenzo.html>Phone: (831) 336-3165 Fax: (831) 336-2830Address: Highlands Park, 8500 Highway 9, Ben Lomond, CA 95006 | Alternative Education SchoolGrade: 7 through 12 small community school  |
| Santa Cruz Adult School | [www.adulted.santacruzk12.ca.us](http://www.adulted.santacruzk12.ca.us)GREEN VALLEY CENTERPajaro Valley Unified School District294 Green Valley Road Watsonville, CA 95076(831) 786-2160ILC INSTITUTE FOR LANGUAGE AND CULTURE320 Rodriguez St.Watsonville, CA 95076(831) 786-8225SANTA CRUZ CENTER319 La Fonda Ave,Santa Cruz, CA 95062(831) 429-3966 | High School Diploma/GEDAdult Basic and Secondary EducationOngoing CoursesOnline CoursesCareer and Vocational ClassesCitizenship ClassesHealthcare ClassesForeign LanguagesApplied ArtsDriver’s educationAnd more |
| Santa Cruz AIDS Project | 831-427-3900 | Support groups information and referrals. Brochure and free condoms. Motel vouchers available, Free/anonymous HIV testing Wed 5:30-8:30 Thurs 10am-12pm |
| Santa Cruz Braille Library | 400 Encinal St(831) 466-5600 |  |
| Santa Cruz Children’s Museum of Discovery | 1855 41st Ave. #10 Capitola, CA 95010 | Volunteer OpportunitiesOccasional Part-time workGina Vitali ginacuseo@hotmail.com |
| Santa Cruz City Police | Non-emergency831-471-1131Business Office831-420-5800Anonymous Tip Line831-420-5995 |  |
| Santa Cruz Connect | http://www.phc-santacruz.org/(831) 406-1742 | Annual 1-Day SC County Event Support/Services for Homeless Persons\*Formerly Project Homeless Connect |
| Santa Cruz County Animal Shelter | <http://www.scanimalshelter.org/>Santa Cruz LocationPublic Entrance: 1001 Rodriguez St.,Santa Cruz, CA 95062Mail and Service Entrance: 2200 7th Ave., Santa Cruz, CA 95062Watsonville Location580 Airport Blvd.Watsonville, CA 95076 | VolunteerSC Hours:Daily 10-6, Wed 10-7Watsonville Hours:Monday – Saturday\*9:00 am – 5:00 pm (closed from noon to 1:00 pm) |
| Santa Cruz County BenefitsCalFresh, Medi-Cal, GA  | 1020 Emeline Ave. Santa Cruz, CA 95060 831-454-251518 West Beach Street, Watsonville, CA 95076 831-763-85681 (888) 421-8080 Online Application:<https://www.mybenefitscalwin.org/> | Hours: Monday - Friday 8:00 a.m.- 5:00 p.m. (Santa Cruz and Watsonville) |
| Santa Cruz County Birth Certificate | [http://www.co.santa-cruz.ca.us/rcd/recorders/birth&death/birthcertificate.htm](http://www.co.santa-cruz.ca.us/rcd/recorders/birth%26death/birthcertificate.htm)(831) 454-2800, Mon-Fri, 8am-4pm. Fax 831-454-3169AT 701 Ocean St., Rm 230, Santa Cruz, CA, 95060 |  |
| Santa Cruz County Health Center | Santa Cruz831-454-2515Watsonville831-763-8033 | County agency offering general medical care, family planning, some STD testing, abortionreferrals |
| Santa Cruz County Health Center(Santa Cruz) | Santa Cruz831-454-2515http://www.santacruzhealth.org/admnstr/2benefits.htm | County agency offering general medical care, family planning, some STD testing, abortion referrals and homeless programs, Medi-Cal, Medicruz, sliding scale fee |
| Santa Cruz County Health Center(Watsonville) | Watsonville831-763-8033http://www.santacruzhealth.org/admnstr/2benefits.htm | County agency offering general medical care, family planning, some STD testing, abortion referrals and homeless programs, Medi-Cal, Medicruz, sliding scale fee |
| Santa Cruz County Jail (Main) | Santa Cruz831-454-2420 | County jail men’s facility |
| Santa Cruz County Jail (Roundtree Medium Facility) | Watsonville831-454-5112 |  |
| Santa Cruz County Law Library | 701 Ocean St(831) 420-2205<http://www.lawlibrary.org/> |  |
| Santa Cruz County Sherriff | 911Non-emergency831-471-1121 |  |
| Santa Cruz Hostel | Santa Cruz1-831-423-8304www.hi-santacruz.og | Dormitory accommodations and private rooms. Not for SC residents VERY communal space, not best for everyone- 14 day max stay |
| Santa Cruz Parks and Recreation | (831) 429-3663 |  |
| Santa Cruz Public Libraries - Downtown Branch | 224 Church St(831) 427-7707http://www.santacruzpl.org/ |  |
| Santa Cruz Public Library Branciforte Branch | 230 Gault St(831) 427-7704http://www.santacruzpl.org/ |  |
| Santa Cruz Residential Recovery | (831) 423-3728 or recoverysupport@encompasscs.org125 Rigg St, Santa Cruz, CA 95060Phone: (831) 240-0852 | Substance Use Recovery Program30-bed co-ed residential program, 30-90 days, Program activities include evidence-based trauma informed and cognitive behavior therapies (CBT), focused individual and group counseling, pro-social life skill building, mindfulness and daily house meetings. |
| Santa Cruz Teen Center | <http://www.cityofsantacruz.com/departments/parks-recreation/teen-programs/santa-cruz-teen-center><http://www.santacruzcoe.org/alt_ed/schools/santa_cruz_teen_center.html>Phone: (831) 359-9277Address: 301 Center St., Santa Cruz, CA 95060 | Alternative Education School Independent Study program Bicycle distribution for under 18, Computer Lab, Rec and Support Services for teens Teen center Hours vary |
| Santa Cruz Women’s Health Center and East Cliff Family Health | Santa Cruz831-427-3500http://www.scwomenshealth.org/ | Medical services for women and children, sliding scale. Will see people with no insurance. No HMO insurance. Medical, MediCruz accepted. See website/call for hours |
| Santa Cruz Youth Services | Santa Cruz831-429-8350Watsonville831-688-8856 | Counseling for youth and parents. Free with Medi-Cal, sliding scale without ($15-$60). Provides counseling and support services to youth that are homeless or at-risk of homelessness. Info for emancipation of minors. |
| Santa Cruz Youth Services(Santa Cruz) | Santa Cruz831-425-2229http://www.encompass.org/youth-services/youth-services | Counseling for youth and parents. No fee with Medical. Also provides counseling and support services to youth that are homeless or at risk of homelessness. Call for pricing. |
| Scotts Valley Police | 911Non-emergency831-440-5670 |  |
| Seabright High School | <http://www.santacruzcoe.org/alt_ed/schools/seabright_high_school.html>Phone: (831) 425-7106Address: 411 Roxas Avenue Santa Cruz, California 95062 | Alternative Education SchoolGrades: High School |
| Second Harvest- Community Food Hotline | Santa Cruz831-662-0991 | Referral to local pantries and USDA distribution sites. Free summertime lunch program for children. |
| Second Harvest Food Bank | (831) 662-0487 |  |
| Sequoia Academy | <http://www.santacruzcoe.org/alt_ed/schools/sequoia_academy.html>Phone: (831) 466-5680Address: 229 Green Valley Road Freedom CA 95019 | Alternative Education School |
| Sequoia High School | <http://www.santacruzcoe.org/alt_ed/schools/sequoia_high_school.html>Phone: (831) 466-5680 Address: 229 Green Valley Road Freedom CA 95019 | Alternative Education SchoolGrades: High School |
| Sequoia Junior High School | <http://www.santacruzcoe.org/alt_ed/schools/sequoia_junior_high.html>Phone: (831) 466-5680 Address: 229 Green Valley Road Freedom CA 95019 | Alternative Education SchoolGrades: Junior High |
| Sex and Love Addicts Anonymous | Santa Cruz831-425-3353 | Offers 12 Step program and support group for adults of any sexual orientation. |
| Seymour Center at UCSC | <https://seymourcenter.ucsc.edu/><https://seymourcenter.ucsc.edu/get-involved/volunteer/>Volunteer ProgramSeymour Marine Discovery Center100 McAllister WaySanta Cruz, CA 95060volunteers@ucsc.eduLOCATION: End of Delaware Avenue, nearNatural Bridges State Beach, Santa Cruz(831) 459-3800 | Volunteer: Aquarists, Docents, Exhibit Guides, Youth Program Instructors, College Internships |
| Shoreline Postsecondary & Vocational School Training Programs | www.shorelineworks.org/trainingprograms.shtml |  |
| Shoreline Santa Cruz Neighborhood Career Center | 350 Encinal St. Santa Cruz, CA 95060 | Works with Workforce Santa Cruz |
| Shoreline School of Cosmetology | (831) 423-5806 x755www.shorelineworks.org/cosme.shtml |  |
| Si Se Puede | <http://www.encompasscs.org/community-recovery-services/si-se-puede>161 Miles Ln, Watsonville, CA 95076Phone: (831) 296-1521 | Substance Use Recovery ProgramBi-lingual, 23 bed residential all-male program |
| Siena House Maternity Home | (831) 425-2229108 High St. Santa Cruz 95060www.sienahouse.org/ | HousingPregnancy/early infancy supportStructured Program |
| SOS: Second Opportunity for Students | <http://www.santacruzcoe.org/alt_ed/schools/sos.html>Phone: (831) 750-5605 Fax: (831) 786-4707Address: Cabrillo College Watsonville Campus318 Union Street Watsonville, CA 95076 | Alternative Education SchoolUp to age 19 who are returning to school and who want to continue their education and work towards a high school diploma, GED, or transition to Cabrillo College |
| St. Francis Catholic Kitchen | Santa Cruz831-459-6712[www.stfrancissoupkitchen.org/](http://www.stfrancissoupkitchen.org/) | Serves soup and salad lunches at noon. Showers available. Mon-Fri 11am-1pm Clothing available Mon/Wed/Fri. Milk to pregnant women and children when donations permit. |
| St. George Residencies | Santa Cruz831-429-8229 | Apartments. Call for rates(Some low-income Apartments occasionally available) |
| St. Patrick’s Loaves and Fishes (Watsonville) | (831) 722-4144 |  |
| St. Vincent De Paul | North SC County831-423-0878South SC County831-722-3250Second Food Harvest831-662-0991Pajaro Valley831-763-0702 | Pantry in Santa Cruz area with fresh fruit and vegetables. Referral services for food. BilingualSome rent assistance occasionally available. |
| St. Vincent De Paul Society Of Santa Cruz |

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| 210 High Street |
| Santa Cruz, CA 95060 |
| (831) 423-0878 |
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| Donation Drop Off Points, Furniture, General Clothing Provision, Household Goods, Occasional Emergency Food Assistance, Prescription Expense Assistance, Rent Payment Assistance, Utility Service Payment Assistance |
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| Star Community School | <http://www.santacruzcoe.org/alt_ed/schools/star.html>Phone: 831.459.9741 Fax: 831.459.9219Address: Star of the Sea Church, 515 Frederick Street, Santa Cruz, CA 95062 | High School: smaller classes, individualized instruction, resource support, an organic garden, vocational training, participation in sports, music classes, and more |
| STRANGE | Santa Cruz831-325-0656 | Youth driven program for transgender, bisexual, lesbian, gay, intersex, queer, and questioning youth (LGBTTQQI) ages 14-23 and their allies. They provide supportive educational and social activities. A program of Encompass. Free. |
| Suicide Prevention Service | 24-Hour Suicide Crisis LineToll-free: 1-877-663-5433 (ONE LIFE)Local: 831-458-5300 | Serving Monterey, Santa Cruz, and San Benito Counties |
| Survivors Healing Center (Family Service Agency of the Central Coast) | Santa Cruz831-423-7601 | Group therapy sessions for women men youth gay lesbian bisexual transgender and Latino survivors of childhood sexual abuse and their allies. Primary goals are to empower those victimized by sexual abuse through healing process and to prevent sexual assault/abuse. |
| **T** |  | **T** |
| Test Prep Tool Kit | <http://www.testpreptoolkit.com/> | Free online classes, practice tests, study guides, and more. Great resource. |
| Trans Lifeline | Nationwide1-877-565-8860 | Trans Lifeline is a non-profit dedicated to the well-being of transgender people. Helpline is staffed by transgender people for transgender people. Trans Lifeline volunteers are ready to respond to whatever support needs members of our community might have.  |
| Trevor Project | Nationwide1-866-488-7386 | Nationwide organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning youth |
| Tyler House | 2716 Freedom BoulevardWatsonville, California 95076Phone: (831) 272-0789 (831) 688-6293 | 6-month residential treatment program for teens with drug and alcohol issues. This therapeutic program provides the support and guidance necessary to maintain a clean and sober lifestyle.  |
| **U** |  | **U** |
| UCSC Counseling Service | Santa Cruz831-459-2628 | UCSC students only. Free, short-term therapy for UCSC students. Group and individual services available. Student Health Center |
| UCSC Police | 831 459-2345 |  |
| UCSC Smith Renaissance Society | <http://smithsociety.ucsc.edu/>Sally Lester831-459-4968smithsociety@ucsc.edu | academic, personal, social and financial support to UCSC students, including to foster youth. |
| University of Phoenix | <http://www.phoenix.edu/degrees.html>866.766.0766 | Associates, Bachelors, Masters, Doctorate, Online Education |
| **V** |  | **V** |
| Valley Churches United Missions | (831) 336-5651 |  |
| Valley Churches United Missions |

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| <http://www.vcum.org/>9430 Love Creek Road |
| Ben Lomond, CA 95005 |
| (831) 336-8258 |

 | Bus Fare, Camperships, Dental Care Expense Assistance, Food Vouchers, Gas Money, Government Surplus Food Distribution Sites, Medical Care Expense Assistance, Mortgage Payment Assistance, Occasional Emergency Food Assistance, Occasional Emergency Food Assistance for Older Adults, Rent Payment Assistance, School Supplies, Shoes, Utility Service Payment AssistanceHours: Mon-Fri, 9-4; Saturday, 10-12 |
| VIP Volunteer Initiative Program | <https://scvolunteercenter.org/programs/volunteer-initiative-program/>Santa Cruz Volunteer Center - Main Office1740 17th AveSanta Cruz, CA 95062Phone: 831-427-5070Email: volunteer@scvolunteercenter.org |  |
| Volunteer Center | <https://scvolunteercenter.org/>Santa Cruz Volunteer Center - Main Office1740 17th AveSanta Cruz, CA 95062Phone: 831-427-5070Email: volunteer@scvolunteercenter.org | Online Database-Volunteer Opportunities- Santa Cruz County |
| VOUCHER Project | Aptos831-688-2152 | Provides childcare subsidy for parents who are working seeking work or training. Wait list. Income and other eligibilities required.9047 Soquel Dr. ST DAptos |
| **W** |  | **W** |
| Walnut Ave. Women’s Center | (831) 426-3062<http://www.wafwc.org/>303 Walnut Avenue, Santa Cruz, CA 950601-866-2MY-ALLY 24 Hr. DV Hotline | Child Care, Domestic Violence services, food/clothing resource |
| Watsonville Adult Education  | (831) 728-6330 |  |
| Watsonville Career Center | 18 West Beach StreetWatsonville, CA 95076(831) 763-8700 |  |
| Watsonville Hospital Education Services | (831) 761-5618 |  |
| Watsonville Institute of Cosmetology | [www.watsonvilleinstituteofcosmetology.com](http://www.watsonvilleinstituteofcosmetology.com) 1414 Freedom Blvd. Watsonville, CA 95076 (831) 761-3544 | Courses to become cert. cosmetologist, nail tech, esthetician, or cosmetology instructor |
| Watsonville Law Center | Santa Cruz831-722-2845 | Free legal advice and referral information for low-income individuals. Drop in hours Mon-Tues, Thurs. Fri. 9-3 Closed Wednesday |
| Watsonville Law Center | Watsonville831-722-2845 | Free legal advice and referral information for low-income individuals. Drop in hours Mon, Tues Thurs and Fri 9-3 Closed Wed |
| Watsonville Parks and Recreation | (831) 728-6081 |  |
| Wesley House | janetkayleon@hotmail.com 121 La Selva DriveLa Selva Beach, CA 95076-1616Phone: 831-685-0646123 La Selva DriveLa Selva Beach, CA 95076-1616Phone: 831-685-0646922 Brewington Ave.Watsonville, CA 95076Phone: 831-761-2220 | Volunteer with elderly in Watsonville |
| WIC (Women, Infants, and Children) Food Resources | 1105 Water Street Santa Cruz, CA 95062Santa Cruz831-426-3911Watsonville831-722-7121<http://communitybridges.org/wic/> | Temporary supplemental program for low-income pregnant, breast feeding and post-partum women and their children up to 5 years |
| WINGSSuicide Prevention Service | Santa Cruz831-459-9373Suicide Crisis Line1-877-663-5433 | Peer run grief support group for adults grieving the death of a loved one due to suicide. WINGS, Warm Interactions Navigating the Grief of Suicide, meets in Santa Cruz |
| Women’s Crisis Support/Defensa de Mujeres | Crisis Line:1-888-900-4232Santa Cruz831-425-4030Watsonville831-722-4532 | Domestic violence and sexual assault response, advocacy, and 24 hr counseling for rape survivors. Accompaniment to the hospital, police, or court. Pick-up available. Offers alternatives to police intervention. Confidential shelter for battered women and their children. |
| Workforce Santa Cruz County | www.santacruzhumanservices.org |  |
| **Y** |  | **Y** |
| YES Recovery High School (Youth Experiencing Success) | <http://www.santacruzcoe.org/alt_ed/schools/yes.html>Phone: (831) 426-5784 Fax: (831) 425-1526709 Mission Street, Santa Cruz, CA 95060Contact Info: (831) 429-8350 x113 | Ages: 13 through 18Recovery Based “Clean and Sober High School”  |
| YMCA (Watsonville) | (831) 724-6078 |  |
| Youth Services Emancipation of Minors | Santa Cruz831-425-0771831-429-8350Watsonville831-728-2226831-688-8856 | Teen and family counseling agency. Info about legal emancipation of minors |
| Youth Services- Homelessness | Santa Cruz831-425-0771831-429-8350Watsonville831-728-2226831-688-8856 | Provides counseling and support services to youth that are homeless or at risk of being homeless |
| Youth Services Tyler House | 2716 Freedom BoulevardWatsonville, California 95076Phone: (831) 272-0789 (831) 688-6293 | 6-month residential treatment program for teens with drug and alcohol issues. This therapeutic program provides the support and guidance necessary to maintain a clean and sober lifestyle. |